



CTC West Sussex Groups

(part of CYCLING UK)

Arun Adur

Bognor Regis & Chichester

Horsham & Crawley

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Rides & Events for 2018



January, February & March

CTC
WEST
SUSSEX

START RENDEZVOUS POINT

Bli **Bognor Regis Library**
 CC **Chichester Cross**
 CLi **Chichester Library**
 FAW **Frankland Arms, Washington**
 HPP **Horsham Pavilions in the Park**
 LF **Littlehampton Footbridge**
 RSPB **RSPB Wiggonholt**
 SAR **Shoreham Airport Cafe**

SC **Sompting Church**
 TBR **Three Bridges Station**
 WP **Walberton Duck Pond**

GENERAL

BPL **Bring Packed Lunch**
 RR **Rendezvous Ride**
 B **Breakfast venue**
 L **Lunch venue**
 11's **mid morning break**
 T **Afternoon Tea venue**
 G C **Garden Centre**
 M **Miles**

~ ~ ~ ~ ~ JANUARY ~ ~ ~ ~ ~

Monday 1st

ARUN ADUR **New Year's Day Rendezvous Ride - L RSPB Cafe, Wiggonholt**
 BOGNOR 10:00 WP **New Year's Day Ride L RSPB Cafe, Wiggonholt**
 Rolling - 30m - Nominate Leader on the Day

Sunday 7th

ARUN ADUR 9:30 SAR **11s Camelia Botnar L The Partridge, Partridge Green - 40m - Mick**
 BOGNOR 10:00 CC **Mince Pie Ride** Meet from 11:00 at Philippa & William's
 at 6 Garden Avenue, Bracklesham Bay.
 There will be a led ride from Chichester Cross or make your own way £2.00 on the day
 Flat - 20m - Nominate Leader on the Day
 HORSHAM 10:00 HPP **L The Foresters, Kirdford - 30m - Medium**

Saturday 13th

BOGNOR 13:00 Bli **T Manor Nursery Cafe, Runcton - Flat - 20m - Graham Crouch**

Sunday 14th

ARUN ADUR 9:30 FAW **11s Washbrooks L Bolney Vineyard - 40m - Dave**
 BOGNOR 9:00 CC **L The Izaak Walton, East Meon - Hills - 50m - Sam Roberts**
 HORSHAM 10:00 TBR **Easy Morning Ride using the Worth Way at the start - 25m - Easy**
 13:00 **Members Only - Runs List Meeting -**
 Help determine our rides for Q2 in 2018 at Gordon's & Jacqui's

Thursday 18th

BOGNOR **CLUB NIGHT** at St. Ninian's Hall, Pagham from 20:00pm
 Essentials of Cycle Maintenance plus riding and route planning with Strava and/or Garmin
 Multiple presenters

Sunday 21st

ARUN ADUR 9:45 RSPB **11s Heath End Farm Shop L Hambledon Village Stores - 45m - Ray & Jo**
 BOGNOR 10:00 CC **L The Greenhouse Cafe, Emsworth - Flat - 30m - Russell Sopp**
 HORSHAM 10:00 HPP **L The Plough, Leigh - 40m - Medium**

Saturday 27th

BOGNOR 13:00 CLi **T Hillier's Garden Centre Cafe, Fishbourne - Flat - 12m - Philippa Neville**



Sunday 28th

ARUN ADUR 9:30 SAR **11s** Camelia Botnar **L** The Plough, Lower Beeding - 45m - Paul
BOGNOR 9:00 CC **L** Midhurst - choose Cafe on the day - Hills - 45m - Jeff Lander
HORSHAM 10:00 TBR **L** The Cafe in the Park, Reigate - 35m - Easy

~ ~ ~ ~ ~ FEBRUARY ~ ~ ~ ~ ~

Sunday 4th

ARUN ADUR 9:30 FAW **11s** National Trust, Petworth **L** Gartons, Midhurst - 45m - Dave
BOGNOR 9:00 WP **L** The Jungle Tea Room, Big Plant Nursery, Ashington - Hills - 40m - Edwin Jones
10:00 CC **L** The Village Cafe, Rowlands Castle - Rolling - 25m - Harvey Probert
HORSHAM 10:00 HPP **L** The Eight Bells, Bolney - 40m - Medium

Saturday 10th

BOGNOR 13:00 BLi **T** Tangmere Aircraft Museum Cafe, Tangmere - Flat - 15m - David Sinclair

Sunday 11th

ARUN ADUR 9:30 SC **11s** Jungle Tea Room, Ashington **L** The White Horse, Maplehurst - 45m - Mick
BOGNOR 9:00 WP **L** The Glasshouse Cafe, Rotherhill Nursery, Stedham - Hills - 40m - Sam Roberts
HORSHAM 10:00 TBR Morning Ride to the North - 25m - Easy

Thursday 15th

BOGNOR **CLUB NIGHT** at St. Ninian's Hall, Pagham from 20:00pm
Dave Parsons & Edwin Jones - Assorted Cycling Videos

Sunday 18th

ARUN ADUR 9:30 FAW **11s** Sumners Ponds **L** The Punchbowl Inn, Okewood Hill - 45m - Ray & Jo
BOGNOR 9:00 CC **L** The Harrow Inn, Steep - Hills - 50m - Russell Sopp
10:00 CC **L Half Day Morning Only Ride 11s** The Boulevard Cafe, Wittering - Flat - 20m - Arthur Smith
HORSHAM 10:00 HPP The 2017 I-Spy ride BUT without the questions **L** The Partridge, Partridge Green - 35m - Medium

Wednesday 21st

ARUN ADUR **CLUB NIGHT** at Ferring Village Hall from 7:30pm

Saturday 24th

BOGNOR 13:00 CLi **T** West Dean Garden Centre Cafe - Flat - 12m - Graeme Hodge

Sunday 25th

ARUN ADUR 9:30 LF **11s** Control Tower Cafe, Goodwood **L** The Royal Oak, Hooksway - 50m - Peter
BOGNOR 9:00 CC **L** Cowdray Farm Shop Cafe, Midhurst - Hills - 50m - Sam Roberts
HORSHAM 10:00 TBR Chiddingstone - 40m - Medium



Isle of Wight Randonnee

on Sunday 6th May 2018 from 9.00am

In a clockwise direction

You have the option of riding the full 100km route or the smaller 55km route

~ ~ ~ ~ ~ **MARCH** ~ ~ ~ ~ ~

Thursday 1st **Last day to use your old paper ten pound notes**

Sunday 4th

ARUN ADUR 9:30 SAR **11s** Washbrooks L The Plough, Plumpton Green, - 45m - Paul
BOGNOR 9:00 WP L The Old Mill Cafe, Wisborough Green - Hills - 45m - Russell Sopp
HORSHAM 10:00 HPP **36th Anniversary of the Horsham & Crawley Section**
L The Plough & Attic Rooms, Rusper - 30m - Medium

Saturday 10th

BOGNOR 13:00 BLi T The Forge, Slindon - Flat - 15m - Steve & Carol Woods

Sunday 11th

ARUN ADUR 9:30 FAW **11s** Old Mill Cafe, Wisborough Green L The Foresters Arms, Kirdford - 45m - Richard
BOGNOR 9:00 CC L Wattle & Daub Cafe, Weald and Downland Museum, Singleton
following a hilly route first via Compton and the Mardens - Hills - 40m - Edwin Jones
10:00 CC L Willows Tea Rooms, Barnham - Flat - 25m - Harvey Probert
HORSHAM 10:00 TBR The Elephant Place - Trading Boundaries, near Sheffield Park - 35m - Medium

Wednesday 14th

ARUN ADUR **CLUB NIGHT** at Ferring Village Hall at 7:30pm

Thursday 15th

BOGNOR **CLUB NIGHT** at St. Ninian's Hall, Pagham at 20:00pm
10 minute Travelogues about memorable days cycling - Multiple presenters

Saturday 17th

BOGNOR 10:00 BLi **Long Saturday Ride** Cycle to Shoreham using the coastal cycle paths, then up to Christs Hospital
on the Downs Link to catch the train back to Bognor. Option to return from Shoreham for a shorter ride.
L at a Worthing Beach Cafe and afternoon T at Stan's Bike Shack, Partridge Green
Flat - 40m with shorter 20m option - David Sinclair

Sunday 18th

ARUN ADUR 9:30 SAR **11s** Camelia Botnar L The Wheatsheaf, Plummers Plain - 45m - Mick
BOGNOR 9:00 CC L Cuppacheeno, West Meon - Hills - 50m - Russell Sopp
10:00 CC **Half Day Morning Only Ride 11s** The Village Shop Cafe, Compton - Rolling - 25m - Arthur Smith
HORSHAM 10:00 HPP L The Limeburners, near Billingshurst - 40m - Medium

Saturday 24th

BOGNOR 13:00 CLi T The Quarterdeck Cafe, West Itchenor - Flat - 15m - Philippa Neville

Sunday 25th

ARUN ADUR 9:30 LF **11s** Control Tower Cafe, Goodwood L The Red Lion, Chalton - 55m - Ray & Jo
BOGNOR 9:00 WP L The Milk Churn, Rudgwick - Hills - 75m - Sam Roberts
HORSHAM 10:00 TBR L Balcombe Tea Room - 30m - Hard

ARUN ADUR - Tuesday Easier Rides

These rides are lead at an easier pace with a variety of starting times and points

**Rides organised by Gerry then the list is emailed to all Arun Adur members by the Section Secretary
Peter Wilson (contact details in the Pedaller Magazine)**

Check Arun Adur Facebook page for that up to date information